

# A LOT OF PEOPLE GET CANCER BECAUSE THEY JUST CAN'T DEAL WITH REALITY.

**IMAGINE IF WE TREATED EVERYONE LIKE WE  
TREAT THOSE LIVING WITH MENTAL ILLNESS.**

Shocking, isn't it? But it's true. People simply don't take mental illnesses seriously. They assume that those with mental illness are weak or somehow at fault for their suffering. But like cancer or any other serious affliction, people with mental illness can't get better by themselves. Healthy Minds Canada raises money to research mental illnesses in the hope of finding cures. Still, research into these diseases, which strike 1 in 5 Canadians, remains drastically underfunded. And that's as unsettling as the headline. We need your help. If you can, please give. Call 1-800-915-2773 or visit [www.healthymindscanada.ca](http://www.healthymindscanada.ca)

MENTAL ILLNESS IS REAL. HELP US FIND A CURE.

healthy  CANADA