

HEART DISEASE. JUST ANOTHER EXCUSE FOR LAZY PEOPLE NOT TO WORK.

**IMAGINE IF WE TREATED EVERYONE LIKE WE
TREAT THOSE LIVING WITH MENTAL ILLNESS.**

Shocking, isn't it? But it's true. People simply don't take mental illnesses seriously. They assume that those with mental illness are weak or somehow at fault for their suffering. But like heart disease or any other serious affliction, people with mental illness can't get better by themselves. Healthy Minds Canada raises money to research mental illnesses in the hope of finding cures. Still, research into these diseases, which strike 1 in 5 Canadians, remains drastically underfunded. And that's as unsettling as the headline. We need your help. If you can, please give. Call 1-800-915-2773 or visit www.healthymindscanada.ca

MENTAL ILLNESS IS REAL. HELP US FIND A CURE.

healthy 
CANADA