

Taking Charge 2015

Pathways to Owning Your Own Mental Health

University of Toronto Scarborough
1265 Military Trail – Science Research Building (SY110)
June 20, 2015

AGENDA

8:00	Breakfast, Registration & Marketplace
8:30	Welcome Remarks <i>Healthy Minds Canada and University of Toronto Scarborough</i>
8:35	Emcee – Bill MacPhee
9:00	Panel Discussion: Diagnosis Critical- Learning you Have Schizophrenia <i>Chair: Dr. Michael Sarin, MD</i> Members: <ul style="list-style-type: none">- Dr. Michael Sarin, MD – Associate Professor University of Toronto, Program Physician at University Health Network/Toronto Rehab Institute- Larissa Fleurette - author of <i>Becoming Silver Girl</i>- Dr. Mayce Al-Sukhni, PharmD- Deputy Police Chief Michael Federico - Toronto Police Service
10:45	Coffee Break & Marketplace
11:00	Panel Discussion: Charting Treatment <i>Chair: Dr. Samim Hasham, PharmD</i> Members: <ul style="list-style-type: none">- Marvin Ross – Parent, Author & Founder/Principal of Bridgeross, a publishing company of books about serious mental illnesses- Dr. Samim Hasham, PharmD – Owner: Morrish Pharmacy and Satellite Pharmacist for CMHA Toronto and ACT Program at Scarborough Hospital- Dr. Joseph Geraci, PhD - St. Michael's and CAMH - IMPACT program - Pharmacogenomics- Dr. Gary Remington, MD PhD – Professor at University of Toronto, Deputy Director Research and Education at CAMH Schizophrenia Program

12:30	Lunch and networking/booths
1:15	Panel Discussion: Living in Recovery <i>Chair:</i> Katie W. Robinette - Executive Director, Healthy Minds Canada <ul style="list-style-type: none">- Rachel Cooper –Peer-to-peer support- Dr. Amit Rotem, MD - Nicotine Dependence Clinic and Youth Addiction & Concurrent Disorder Service, CAMH- Martin Sumner-Smith, Senior Advisor, Life Sciences & Healthcare at MaRS Discovery District- Diane Marshall – Executive Director: The Residences of 1425 Bayview
2:25	Panel Discussion: Healthy Living <i>Chair:</i> Purple Yip - MDiv Family Worker and certified psychotherapist, Ontario Schizophrenia Society <ul style="list-style-type: none">- Pam Diggins – Founder & Teacher at Rootsnshoots Family Yoga- Mami Ishii – Co-founder, Naturopathic Doctor, Wellness Consultant, Integrative Mental Health Centre of Toronto- Pat Jacklin, CPA CMA - Goodlife CFO- Wende Wood, RPh –Board Certified Psychiatric Pharmacist-
3: 30	Wrap- up – Speaker - Dr. Tayyab Rashid, Ph.D. C. Psych., Licensed Clinical Psychologist & Researcher, UTSC (Trained in Mindfulness Based Stress Reduction - MBSR) <ul style="list-style-type: none">- Thank you from Emcee, HMC and UTSC
4:00	End