



**Magpie Media and Healthy Minds Canada present:  
1<sup>st</sup> Annual Bright Future Mental Health Recovery Conference**

DATE: Friday August 19, 2016

VENUE: TELUS House

7:30am-8:00am: Booth Set up

8:00am-8:25am: Breakfast and Registration

8:25am-8:40am: Bill MacPhee –Welcome and Open the Conference

8:40am-8:45am: Special Greetings from Madame Sophie Grégoire Trudeau

8:45am-9:45am: **PANEL: YOU THINK YOU MAY NEED HELP – NOW WHAT?**

MODERATOR: Dr. Tom Hastings, lead psychiatrist and director for the Phoenix Program, Halton Health

Jesse Hanson, MA, PhD, RP, Clinical Director & Co-Founder, Helix Healthcare

Carrie Fiorillo (overcame a cocaine addiction, about to start own law practice)

Andrew Galloway - National Director, Edgewood Health Network

Alicia Raimundo, Mental Health Superhero & past UN speaker

9:45am-10:00am: Break

10:00am-11:00am: **PANEL: CREATING YOUR PERSONAL RECOVERY PATH**

MODERATOR: Anita Federici, Ph.D., Clinical Psychologist

Deborah Gatenby, CEO Hope Recovery Centres, former President of Addictions & Mental Health Ontario (& person living in recovery)

Eric Collins, PhD student (Health & Rehabilitation Sciences – Health Promotion) & 10 yrs in recovery for substance and 1 ½ yrs in recovery for alcohol

Harrison Wheeler, Comedian & artist living with Bipolar 1, Guillian Barre Syndrome, & 10+ yrs of recovery from substance abuse

Larissa Fleurette, Recent UofT grad – living in recovery

11:05am-12:05pm: **PANEL: SPIRITUALITY, FAITH, & RECOVERY (MULTICULTURAL)**

MODERATOR: Bill MacPhee

Abdule Hai Patel (Muslim Ontario Multifaith Council)

Leif Gergerson – Writer of “Through the Withering Storm” – a book about his fight with bipolar

Colin Hubley (heroin addict living in recovery)

Shawn Lucas, RP, Mgr, Spiritual Care Services, CAMH

- 12:05pm-12:45pm: **Lunch - Key Note Speaker, Tammie Sutherland, Co-Host CityTV's Breakfast Television**
- 12:50pm-2:10pm: **PANEL: RECOVERY, FRIENDS AND FAMILY**  
MODERATOR: Staci Weingust, Program Manager, Family Navigation Project  
Michele Sparling, Board Chair (2015); Board Member, Nomination Committee, Parents for Children's Mental Health (PCMH), and Rachel Ravi Sarin, CAMH Transforming Lives Award recipient, and mother Marilyn Jesse Hanson, MA, PhD, RP, Clinical Director & Co-Founder, Helix Healthcare
- 2:10pm-2:30pm: Break & Booth Time
- 2:30pm-3:30pm: **PANEL: MENTAL HEALTH/PHYSICAL HEALTH**  
MODERATOR: Ann Kerr, Clinical Director, Waterstone Clinic  
Pam Diggins, Founder & Teacher at Roots'nshoots Family Yoga  
Laura Davis, Registered Dietitian (experience working w/ adolescents & adults w/ eating disorders)  
Cynthia Alana Foster, in recovery from bulimia
- 3:35pm-4:35pm: **PANEL: VOCATION, VOLUNTEERING, AND WORK**  
MODERATOR: Jodi Butts, ED, Rise Asset Development  
Mark Hall, Diagnosed with schizophrenia at age 20, suicide survivor, currently employed and substance free  
Garry Stephens, Peer Support Coach w/ the CMHA in the Early Psychosis Intervention Team (1st Step Program)  
Sarah Lindsay, Rise Asset Development grad & living in recovery. Founder of Polar Wellness Consulting  
Annie McCullough, Co-Founder and Executive Director, Faces and Voices of Recovery Canada
- 4:35pm-4:45pm Closing Remarks (Katie Robinette, Healthy Minds Canada)